For Students

Where Can I get Help?

- 1. We do not want you to feel that you are alone and helpless. We are all with you.
- 2. Your Parents are there to help. Please do not feel that you will burden your parents. Talk to them freely and openly. If you are being ragged it is not your fault. They understand that.
- 3. We, at the Ragging Prevention Program are ready to help. You can call toll free on 1800 180 5522. You can also send E mail on helpline@antiragging.net.
- 4. Your College Administration is there to help Please do not hesitate to ask for help. They will definitely help you. The local police and local administration is also there to help.
- 5. Anybody can register a complaint of Ragging. It does not have to be only the victim. If you notice an incidence of Ragging you must inform the call center. It is your duty to do so.
- 6. You can also register a complaint of Ragging Anonymously. You must however avoid this option because without knowing details it becomes difficult for us to take any action. We can assure you of confidentiality.
- 7. For knowing the progress of your complaint you can log on to the Anti Ragging Portal: www.antiragging.in or visit www.amanmovement.org.

Call Anti-ragging Helpline: 1800-180-5522

The Anti-Ragging Helpline is a nationwide, toll free number where students, parents, hostel workers or anybody at all will be able to call 24x7 any time of the day or night. On getting a complaint call, we will respond within minutes by informing the College authorities, and keep a close watch on the situation and if necessary inform the police. The police in turn will be obliged to file an FIR as soon as the complaint has been registered.

All students are encouraged to inform the helpline for every incident or even an apprehension of ragging at any level. Even if a student has directly gone to their head of institutions and made a complaint, please make sure you register a complaint with the helpline as well.

The helpline (**1800-180-5522**) will operate round-the-clock and function as a watchdog. Once a student calls and registers a complaint, the process of giving him assistance will start within 15 minutes.

Another number, **155222**, will be functional within three months. Students, parents and guardians can file complaints also via the Internet onhelpline@antiragging.net.

The call will be assigned a unique number which will be given to the complainant for future tracking.

Further, if the complainant does not want to disclose his/her identity, they can still register their complaint on the helpline. Anonymity of the caller shall be maintained upon their request.

After necessary action is taken, the student will get a call or an email confirmation containing details of his or her complaint and action taken.